

Catholic Medical Partners®
INDEPENDENT PRACTICE ASSOCIATION

BEHAVIORAL HEALTH FACILITIES

CATHOLIC MEDICAL PARTNERS

Catholic Medical Partners is an organization committed to helping our members provide quality, patient-centered care. We bring together the people, technologies, facilities and ideas that help our more than 900 primary care physicians and specialists, along with our hospital partners and other clinical professionals, work together to ensure that each patient gets the care they need and the compassion they deserve. When a patient's care needs change, we want you to have the resources to address their needs and to coordinate their care, whether in a physician's office, hospital, or another healthcare setting. In keeping with that approach, Catholic Medical Partners has developed partnerships with some of Western New York's leading behavioral health providers, including:

- **Horizon Health Services** p.3
- **Spectrum Human Services** p.13
- **Catholic Charities – Monsignor Carr Institute** p.21
- **Child & Adolescent Treatment Services** p.28
- **BryLin Behavioral Health System** p.33

These partnerships help strengthen our collective ability to care for your patients mind, body and spirit. It's more than a referral, it's a promise to change the way healthcare works in our community.



HORIZON

Our mission Statement: Recovery. Changing Lives. Saving Lives.

Horizon Health Services is the largest and most comprehensive provider of outpatient mental health and chemical dependency treatment services in Western New York. With 18 treatment programs distributed across Erie, Niagara and Genesee Counties. Horizon is consistently recognized as a premier provider of both outpatient and residential services in New York State. Horizon Health Services and Horizon Village provide mental health and chemical dependency services to persons age 18 and above at all of our treatment programs, and provide specialized services for adolescents at our programs in Cheektowaga, Tonawanda, Orchard Park and East Amherst.

HORIZON SERVICES OFFERED

Mental Health Clinics provide individual, family, and group solution-focused treatment, as well as supportive counseling to individuals who do not require more intensive treatment. Individuals served include those ranging from consumers with transient situational crises, to those with serious and persistent mental illness.

Some of the mental health services we provide are:

- DBT (Dialectical Behavioral Therapy)
- Specialized depression treatment
- Trauma informed care

Horizon operates outpatient clinics that provide chemical dependency (alcohol and drug) treatment services. The overall goals of treatment are the establishment and maintenance of abstinence from all mood-altering substances and improvements of consumers' family and community functioning. Horizon's range of chemical dependency services includes:

- Naltrexone therapy
- Adolescent/family treatment
- Services for families/significant others of persons with chemical dependency
- Family education
- Services for adult and child children of persons with chemical dependency
- Outpatient withdrawal risk assessment and detoxification
- Services designed for persons with cognitive disabilities and chemical dependency
- Medication assisted treatment (ex: Suboxone)

PROVIDERS AVAILABLE

Psychiatrists, clinical social workers, MDs, NPs, RNs, Qualified Health professionals

PRIMARY CONTACT

Central Intake:

(716) 831-1800 (For all behavioral health referrals)

Administrative and operational contact:

Michelle Curto, Vice President: (716) 831-1800

PROGRAMS

Our clinics are open 5 – 6 days a week offering evening and weekend hours.

We are located in Erie (Buffalo, East Amherst, Amherst, Orchard Park, Cheektowaga, Lockport, Tonawanda), Genesee (Batavia) and Niagara Counties (Niagara Falls, Sanborn).

BAILEY KENSINGTON

3020 Bailey Ave, Buffalo, NY 14215

P: (716) 831-0200

F: (716) 831-0206

Mental Health Program Director

Svetlana Shapiro

PROS

Lori Posluszny

Office Manager

Diana Vito

- Outpatient Mental Health
- Treatment for persons with co-occurring mental health/chemical dependency
- PROS (Personal Recovery Oriented Services)

Monday through Friday 8:00am – 5:00pm

BAILEY LASALLE

3297 Bailey Avenue, Buffalo, NY 14215

P: (716) 833-3622

F: (716) 834-4557

Transitions Program Director

Carrie Palmeter

Addiction Program Director

Richard Pozak

Office Manager

Marilyn Lawrence

- Outpatient Mental Health
- Criminal Justice/Sex Offenders
- Outpatient Chemical Dependency
- Intensive Outpatient Chemical Dependency
- Treatment for persons with co-occurring mental health/chemical dependency
- Grief Counseling
- Women's Trauma

Monday, Tuesday, Thursday 8:00am – 8:00pm

Wednesday 8:00am – 9:00pm | Friday 8:00am – 5:00pm

BATAVIA RECOVERY CENTER

314 Ellicott Street, Batavia, NY 14020

P: (585) 815-0247

F: (585) 815-0251

Clinical Supervisor

Lisa Glow

Senior Secretary

Kristy Maldonado

- Outpatient Chemical Dependency
- Adolescent Chemical Dependency
- Treatment for persons with co-occurring mental health/chemical dependency

Monday, Tuesday, Thursday 9:00am – 8:00pm

Wednesday 9:00am – 8:00pm | Friday 9:00am – 1:00pm

BOULEVARD

1370 Niagara Falls Blvd.

Tonawanda, NY 14150

Addiction Program

P: (716) 833-3708

F: (716) 833-3711

Mental Health Program

P: (716) 833-3792

F: (716) 833-5646

Addiction Program

Program Director

Rick Salada

Mental Health Program

Program Director

Lisa Prefontaine

Office Manager

Dorothy Weatherbee

- Outpatient Chemical Dependency
- Family Chemical Dependency
- Adolescent Chemical Dependency
- Intensive Outpatient Chemical Dependency
- Treatment for persons with co-occurring mental health/chemical dependency
- Outpatient Mental Health
- LGBT (Lesbian/Gay/Bi-Sexual/Trans-sexual) Addiction Counseling
- Vocational Services

Monday through Thursday 8:00am – 9:00pm

Friday 8:00am – 5:00pm | Saturday 8:30am – 12:30pm

HORIZON COUNSELING CENTER AT SISTERS HOSPITAL* (SATELLITE)

Seton Professional Building, Suite 100
2157 Main Street, Buffalo, NY 14214

P: (716) 831-0200

F: (716) 831-0206

Wednesday 9:00am – 5:00pm

* This location accepts only referrals from Catholic Health System providers

TRANSIT FAMILY RECOVERY CENTER

6495 Transit Road, Suite 800
East Amherst, NY 14051

P: (716) 418-8531

F: (716) 418-8514

Addiction Program Director

Kathy Damon

Mental Health Program Director

Terri Brennan

Office Manager

Jenna Schweitzer

- Outpatient Chemical Dependency
- Outpatient Adolescent Chemical Dependency
- Expressive Arts Program
- Family Chemical Dependency
- Co-dependency Counseling
- Treatment for persons with co-occurring disorders
- Outpatient Mental Health Counseling
- Adolescent Mental Health Counseling
- Family Mental Health Counseling
- Adolescent and Adult Psychiatric Services

Monday through Wednesday 9:00am – 8:00pm | Thursday 9:00am – 9:00pm
Friday 8:00am – 3:00pm | Saturday 8:30am – 11:30am

HERTEL-ELMWOOD

**699 Hertel Avenue, Suite 350
Buffalo, NY 14207**

P: (716) 831-1977

F: (716) 831-1985

Mental Health Program Director

Crystal Durgan

Addiction Program Director

Marisa Shepherd

Office Manager

Brittini Basehart

- Outpatient Chemical Dependency
- Outpatient Mental Health
- Chemical Dependency for individuals with developmental disabilities
- Treatment for persons with co-occurring mental health/chemical dependency
- Adolescent Chemical Dependency

Monday through Thursday 8:30am – 7:30pm | Friday 8:30am – 5:00pm

LOCKPORT

**36 East Avenue (upper suite)
Lockport, NY 14094**

P: (716) 433-2484

F: (716) 836-1775

Addiction Program Director

Laura Jowly

Senior Secretary

Kiera Campbell

- Outpatient Chemical Dependency
- Adolescent Chemical Dependency
- Vocational Services

Monday 9:00am – 8:00pm | Tuesday, Wednesday, Thursday 9:00am – 8:30pm
Friday 9:00am – 5:00pm

MAIN AMHERST

60 East Amherst Street, Buffalo, NY 14214

P: (716) 834-6401

F: (716) 834-6782

Addiction Program Director

Jana Capaccio

Rehabilitation and Recovery Program

Michelle Jacob

Office Manager

Delvina Glover

- Outpatient Chemical Dependency
- Treatment for persons with co-occurring mental health/chemical dependency
- Adolescent Chemical Dependency
- Rehabilitation and Recovery Program for individuals with developmental disabilities
- Vocational Services

Monday through Thursday 8:00am – 8:00pm | Friday 8:00am-4:00pm

NIAGARA FALLS

6520 Niagara Falls Blvd.
Niagara Falls, NY 14304

P: (716) 283-2000

F: (716) 831-1839

Addiction Program Director

Jodi Gerhard

Mental Health Program Director

Liana Martinez

Office Manager

Elaine Richardson

- Outpatient Chemical Dependency
- Outpatient Mental Health
- Family Chemical Dependency Counseling
- Suboxone Program
- Education Counseling

Monday through Thursday 8:30am – 8:00pm | Friday 8:30am – 3:30pm
Saturday 9:00am – 12:30pm

NIAGARA FALLS CITY MARKET

1750 Pine Avenue, Niagara Falls, NY 14301

P: (716) 505-1060

F: (716) 505-1065

Addiction Program Director

Jeremy Hitt

Mental Health Program Director

Liana Martinez

Office Manager

Elaine Richardson

- Outpatient Chemical Dependency
- Outpatient Chemical Dependency for Adolescents
- Outpatient Mental Health
- Education Counseling
- Anger Management – not court ordered
- Treatment for persons with co-occurring mental health/chemical dependency

Monday through Thursday 9:00am – 7:30pm | Friday 9:00am – 5:00pm

SANBORN HEALTH CENTER & SANBORN COUNSELING CENTER

6321 Inducon Drive East, Sanborn, NY 14132

P: (716) 650-5550

F: (716) 650-5551

Mental Health Program Director

Chris Frigon

Office Manager

Tina Davis

- Primary Medical Care Services
- Outpatient Mental Health counseling

Monday, Wednesday, Friday 8:00am – 5:00pm

Monday & Thursday 8:00am – 7:30pm | Tuesday, Wednesday, Friday 8:00am – 5:00pm

SOUTHTOWNS FAMILY RECOVERY CENTER

3045 Southwestern Blvd., Suite 109
Orchard Park, NY 14127

P: (716) 662-6802

F: (716) 771-3702

Program Director

Brandy Vandermark

Sr. Secretary

Katie Murphy

- Treatment for Alcohol/Drug Use
- Treatment for Adolescent Alcohol/Drug Use
- Treatment for Family members impacted by Alcohol/Drug Use
- Trauma Informed Care
- Medication Assisted Treatment

Monday & Wednesday 9:00am – 8:00pm | Tuesday & Thursday 10:00am – 8:00pm
Friday & Saturday: 8:30am – 1:00pm

TONAWANDA (SATELLITE LOCATION OF THE BOULEVARD SITE)

36 Delaware Street, Tonawanda, NY 14150

P: (716) 831-1850

F: (716) 834-6875

Addiction Program Director

Rick Salada

Office Manager

Dorothy Weatherbee

- Outpatient Chemical Dependency
- Adolescent Chemical Dependency
- Family Chemical Dependency
- Treatment for persons with co-occurring mental health/chemical dependency
- Vocational Services

Monday 8:30am – 7:30pm | Tuesday 8:30am – 6:30pm | Wednesday 8:30am – 6:00pm
Thursday 8:30am – 7:30pm | Friday 8:30am – 1:00pm

UNION LOSSON CENTER

**Union Losson Plaza, 2563 Union Road
Suite 800, Cheektowaga, New York 14227**

P: (716) 668-7622

F: (716) 668-7623

Program Director

Jennifer Cervi

Senior Secretary

Rachel Crooks

- Adult and Adolescent Outpatient Chemical Dependency
- Co-dependency counseling

**Monday, Tuesday, Thursday 10:00am to 8:00pm | Wednesday 9:00am to 8:00pm
Friday 9:00am to 3:00pm | Saturday 9:00am – 1:00pm**

RESIDENTIAL FACILITY

**Horizon Village, 6301 Inducon Drive East
Sanborn, NY 14132**

P: (716) 731-2030

F: (716) 731-3010

Executive Director

Paige Prentice

Director

Christopher Frigon

Administrative Assistant

Leigh Ann Bateman

- Intensive Residential Chemical Dependency—variable length of stay
- Short-term stay available (“Break the Cycle”)
- Accept individuals on Methadone
- Treatment for persons with co-occurring mental health/chemical dependency
- Women-specific services
- Pre-vocational services
- Outpatient Chemical Dependency for residents’ significant others

7 days per week/24 hours per day



“Where Recovery Happens”

RECOVERING <i>Families</i>	RECOVERING <i>Joy</i>	RECOVERING <i>Life</i>	RECOVERING <i>Careers</i>
RECOVERING <i>Health</i>	RECOVERING <i>Hope</i>	RECOVERING <i>Peace</i>	RECOVERING <i>You</i>

SPECTRUM HUMAN SERVICES

Where Recovery happens

Spectrum offers same day access for adults, adolescents and children needing outpatient mental health and/or chemical dependency services. A leader since 1973 in the provision of a broad range of evidence-based community mental health and chemical dependency services at convenient locations throughout Erie and Wyoming Counties, Spectrum is licensed by both the New York State Office of Mental Health and the New York State Office of Alcohol and Substance Abuse Services. Spectrum provides the highest quality services to nearly 10,000 persons annually. Spectrum is also partnered with the Catholic Health System and Evergreen Health having formed Health Home Partners of WNY, LLC—an organization providing intensive case management to assist Medicaid recipients who have serious chronic physical and/or behavioral health needs. Referrals from Primary Care and other specialty services are accepted. We welcome Medicaid, accept most insurance plans and have a sliding fee scale for individuals without insurance.

SPECTRUM SERVICES OFFERED

ERIE COUNTY SERVICES

- Mental Health (adult, children and adolescent)
- Chemical Dependency (adolescent and adult)
- Personalized Recovery Oriented Services (PROS) (adult)
- Crisis and Re-Stabilization Emergency Services (child, adolescent and family)
- Co-Occurring (adolescent and adult)
- Health Home Care Coordination (adult)
- Assertive Community Treatment (adult)

Primary Contact:

Central Intake: (716) 539-5500

WYOMING COUNTY SERVICES

- Mental Health (adult, children and adolescent)
- Chemical Dependency (adolescent and adult)
- Personalized Recovery Oriented Services (PROS) (adult)
- Co-Occurring (adolescent and adult)
- Health Home Care Coordination (children, adolescent and adult)

Primary Contact:

Central Intake: (716) 539-5500

SPECTRUM ADMINISTRATION OFFICE

Spectrum Human Services

227 Thorn Ave., P.O. Box 631, Orchard Park, New York 14127-0631

P: (716) 662-2040 or 1-800-466-2040 (for out of area callers only please)

F: (716) 662-0019

Hours: Monday-Friday 9:00am-4:30pm

E-mail: spectrum@shswny.org

PROGRAMS

ASSERTIVE COMMUNITY TREATMENT PROGRAM

1235 Main Street, Buffalo, NY 14209-0256

P: (716) 842-6713

F: (716) 884-4938

Monday through Friday 8:30am – 4:00pm

CRISIS AND RE-STABILIZATION EMERGENCY SERVICES (C.A.R.E.S.)

1280 Main Street, PO Box 256
Buffalo, NY 14209-0256

P: (716) 882-HELP (4357)

F: (716) 831-0263

Crisis intervention services for children, adolescents and families residing in Erie County. This includes telephone and face to face services as appropriate.

24 hours a day Seven days a week

CROSSROADS ERIE COUNTY PROS

326 Orchard Park Road
West Seneca, NY 14224-2635

P: (716) 539-5500

F: (716) 828-9275

Rehabilitation services for individuals who have a serious and persistent mental illness with vocational, educational and/or life role goals.

Monday, Wednesday, Thursday 8:30am – 4:15pm | Tuesday 8:30am – 7:00pm
Friday 8:30am – 3:00pm

HEALTH HOME PARTNERS CARE COORDINATION PROGRAM

1280 Main Street, PO Box 256
Buffalo, NY 14209-0256

P: (716) 539-5500

F: (716) 832-1271

Intensive Case Management for Adults with Chronic Physical and/or Mental Health and/or Addictions needs. Assist individuals by providing linking, advocacy, and case management support services for individuals who have two or more chronic physical health conditions, a mental health chronic condition or a substance abuse disorder in combination with a chronic physical and/or mental health chronic condition

Monday through Friday 8:30am – 4:00pm

HOUSING

1280 Main Street, PO Box 256
Buffalo, NY, 14209-0256

P: (716) 539-5500

F: (716) 832-1271

Assist individuals with a mental health disorder to obtain and maintain a safe and secure residence.

Monday through Friday 8:30am – 4:00pm

NORTHTOWNS COUNSELING CENTER

2309 Eggert Rd., Suite 9
Tonawanda, NY 14150

P: (716) 539-5500

F: (716) 831-0263

Mental Health Clinic for Adults, Children and Adolescents

Provide clinical services for individuals who have a mental health or co-occurring Disorder including group therapy, individual therapy and psychiatric services.

Monday 9:00am – 5:00pm | Tuesday, Thursday 9:00am – 7:00pm
Wednesday 9:00am – 8:00pm | Friday 9:00am – 3:00pm

SOUTH BUFFALO COUNSELING CENTER

2040 Seneca Street
Buffalo, NY 14210-2399

P: (716) 539-5500

F: (716) 828-1522

Mental Health Clinic for Adults and Children/Adolescents and Chemical Dependency Clinic for Adults/Adolescents

Provide clinical services for individuals who have a mental health, substance use or co-occurring disorder including group therapy, individual therapy and psychiatric services.

Monday, Tuesday, Thursday 9:00am – 8:00pm | Wednesday 9:00am – 5:00pm
Friday 9:00am – 4:00pm

SOUTHTOWNS COUNSELING CENTER

227 Thorn Avenue
Orchard Park, NY 14127-0631

P: (716) 539-5500

F: (716) 662-2404

Mental Health Clinic for Adults and Children/Adolescents and Chemical Dependency Clinic for Adults/Adolescents

Provide clinical services for individuals who have a mental health, substance use or co-occurring disorder including group therapy, individual therapy and psychiatric services.

Monday, Tuesday, Wednesday 9:00am – 7:00pm | Thursday 9:00am – 5:00pm
Friday 10:00am – 3:00pm

SPECTRUM MAIN STREET COUNSELING CENTER

1280 Main Street, Buffalo, NY 14209-0424

P: (716) 539-5500

F: (716) 882-0293

Provide clinical services for individuals who have a substance use or co-occurring disorder including group therapy, individual therapy and psychiatric services.

Monday, Wednesday, Friday 8:30am – 4:00pm | Tuesday & Thursday 8:30am – 8:00pm

SPECTRUM MAIN STREET COUNSELING CENTER

1235 Main Street, Buffalo, NY 14209-0424

P: (716) 539-5500

F: (716) 884-4938

Mental Health Clinic for Adults and Children

Provide clinical services for individuals who have a mental health or co-occurring disorder including group therapy, individual therapy and psychiatric services.

Monday through Friday 8:30am – 4:00pm

SPRINGVILLE COUNSELING CENTER

27 Franklin Street
Springville, NY 14141-0319

P: (716) 539-5500

F: (716) 592-9376

Mental Health Clinic for Adults and Children/Adolescents, Chemical Dependency Clinic for Adults/Adolescents

Provide clinical services for individuals who have a mental health, substance use or co-occurring disorder including group therapy, individual therapy and psychiatric services.

Monday 8:30am – 7:00pm | Tuesday 9:00am – 8:00pm
Wednesday 9:00am – 5:00pm | Thursday 8:30am – 8:00pm
Friday 9:00am – 2:00pm

WYOMING COUNTY HEALTH HOME CARE COORDINATION

58 West Buffalo Street, Warsaw, NY 14569

P: (585) 786-0220

Intensive Case Management for Adults and Children

Assist in providing linking, advocacy, and case management services for individuals who have a mental health and/or substance use disorder.

Monday through Friday 9:00am – 5:00pm

WYOMING COUNTY COUNSELING CENTER

34 N. Main Street, Warsaw, NY 14569

P: (585) 786-0220

F: (585) 786-3631

Mental Health Clinic for Adults and Children/Adolescents, Chemical Dependency Clinic for Adults/Adolescents

Provide clinical services for individuals who have a mental health, substance use or co-occurring disorder including group therapy, individual therapy and psychiatric services.

Monday, Tuesday, Thursday, Friday 9:00am – 5:00pm

Wednesday 9:00am – 8:00pm | Saturday 9:00am – 4:00pm

WYOMING COUNTY PROS PROGRAM

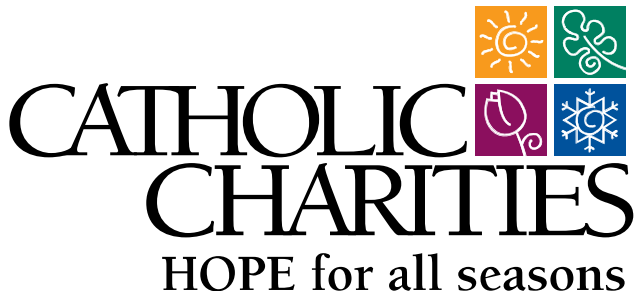
58 W. Buffalo Street, Warsaw, NY 14569

P: (585) 786-5551

F: (585) 786-5561

Rehabilitation services for individuals who have a serious and persistent mental illness with vocational, educational and/or life role goals.

Monday through Friday 8:00am – 4:00pm



CATHOLIC CHARITIES OF BUFFALO

Catholic Charities of Buffalo, established in 1923, empowers children, families, seniors and individuals of all ages to achieve meaningful, healthy and productive lives. Professional staff serves the community in more than 65 locations across the eight counties of Western New York. In all situations, Catholic Charities delivers support to meet immediate needs and then assesses for other needs to ensure long-term success. The agency receives highest ratings for meeting or exceeding best practice standards in service delivery, efficiency, accountability and transparency from, respectively, from the Council on Accreditation and Charity Navigator. Since its inception, Catholic Charities has been making a difference for people of every faith and ethnicity in WNY.

Catholic Charities provides an array of programs including mental health services and comprehensive counseling services for all ages, chemical dependency treatment, basic emergency assistance programs, educational and vocational services, services to older adults, marriage counseling, foster care services, adoption, adult day care, and a variety of programs that address prevention and treatment of a number of family issues.

More information can be found on the web at www.ccwny.org.

MONSIGNOR CARR INSTITUTE

Monsignor Carr Institute is the New York State licensed behavioral health provider of Catholic Charities, offering mental health and chemical dependency outpatient treatment and supportive services to children, adults and older adults. Services are provided by licensed psychiatrists, nurse practitioners, social workers, mental health counselors, a psychologist and a creative arts therapist.

MONSIGNOR CARR INSTITUTE SERVICES OFFERED:

- comprehensive mental health and substance abuse assessment
- psychiatric evaluation & medication management
- individual and group psychotherapy
- primary care evaluation and consultation
- family and caregiver psycho-education and support
- psychological and developmental testing
- outreach to homebound individuals
- solution focused, trauma informed care
- crisis intervention
- care coordination for individuals with complex needs
- group art therapy
- information and referral

CENTRAL INTAKE FOR ALL CLINICS

(716) 895-1033 (Erie County)

1 (877) 448-4466 (outside Erie County)

ADMINISTRATION

76 W. Humboldt Parkway, Buffalo P: (716) 835-9745

Brian O'Herron, M.Ed., MBA, Director

Norma C. Panahon, MD, Medical Director

Jim Nowak, M.S.Ed., Assistant Director for Services to Older Adults

Kristin Brandel, LCSW-R, Assistant Director for Clinical Services

ERIE COUNTY PROGRAMS

CHEMICAL DEPENDENCY TREATMENT (TEENS & ADULTS)

76 W. Humboldt Pkwy, Buffalo

P: (716) 835-9745

Monday through Thursday 8:00am – 8:00pm | Friday 8:00am – 4:45pm

DOMESTIC VIOLENCE VICTIMS SERVICES

P: (716) 877-8822

Counseling and advocacy for victims of domestic violence and their children. Opportunity for empowerment and self-determination for all victims of domestic violence, without regard to race, religion, sex, age, sexual preference, national origin or ability to pay.

Monday through Friday 8:45am – 4:45pm

EDUCATION AND WORK READINESS

170 Kerns Ave., Buffalo

P: (716) 893-3500

High school equivalency preparation, educational instruction, job readiness skills, employment assistance and life skills training to Erie County residents since 1975.

ADDITIONAL LOCATIONS (HOURS VARY)

- 525 Washington St., Buffalo P: (716) 856-4494 x322
- Lackawanna Pantry and Outreach, 75 Caldwell St., Lackawanna P: (716) 332-1830
- Abley Center, 24 Ludington St., Buffalo P: (716) 895-4047
- Seneca Babcock Community Center, 1168 Seneca St., Buffalo P: (716) 822-5094
- True Bethel Baptist Church, 907 East Ferry St., Buffalo P: (716) 856-4494 x322

Monday through Friday 8:45am – 4:45pm

MARRIAGE COUNSELING CENTER

P: (716) 839-4406

Marriage counseling, pre-marital counseling, separation, relationship loss, sexual problems and marital enrichment. Therapy offers objective evaluation of current communication patterns and marital systems. Most insurance plans are accepted, and a sliding fee scale is available for those who do not have insurance.

- 3982 Main St., Amherst
- 36 Flohr Ave., West Seneca

Monday through Thursday days and evenings | Friday 8:45 – 4:45

MENTAL HEALTH CLINIC (ADULTS AND CHILDREN)

76 W. Humboldt Pkwy, Buffalo

P: (716) 835-9745

Monday through Thursday 8:00am – 8:00pm | Friday 8:00am – 4:45pm

MENTAL HEALTH CLINIC & OUTREACH TEAM (ADULTS AND CHILDREN)

20 Rich Street, Buffalo

P: (716) 895-7718

Monday, Wednesday, Friday 8:00am – 4:45pm | Tuesday & Thursday 8:00am – 8:00pm

OUTREACH SATELLITES (HOURS BY APPOINTMENT)

- 1581 Bailey Avenue, Buffalo
- 170 Fulton Street, Buffalo
- 3719 Union Road, Cheektowaga
- 3370 Delaware Avenue, Kenmore
- 33 Wilkesbarre Avenue, Lackawana

PARENTING PROGRAMS

525 Washington St., Buffalo

P: (716) 856-4494

Young Parents Program - Home-based education sessions and support to pregnant and/or (first time) parenting individuals ages 12-25 residing in Erie County. Develops skills to increase parenting competency before and after child is born. Also, prenatal and parenting educational classes offered through the Ken-Ton Family Health Center and Mercy Hospital of Buffalo OB-GYN Health Center.

Incredible Years Parent Training Program - A 12-week, evidenced-based program developed for parents in need of supportive parenting guidance, and designed to assist families in developing nurturing and positive relationships with their children. Educates and assists parents in application of discipline and communication skills in a group setting. Ongoing, individual support offered by group facilitators. Free to parents, with free on-site child care and bus transportation assistance.

Monday through Friday 8:45am – 4:45pm

SERVICES TO OLDER ADULTS

128 Wilson St., Buffalo

P: (716) 896-6388

Comprehensive Care Program - Intensive case management program focused on providing viable solutions, options and supports within the community to empower seniors 60 years of age and older to remain and thrive in their homes.

Project HOPE (Helping Older People Excel) - Time-limited care coordination services in the home and community to keep an older adult with a mental health diagnosis independent in their home environment through linkage, referral, advocacy and intervention with formal and informal supports.

Senior Day Program - Provides a social model program for the physically frail, functionally impaired, socially isolated, and cognitively challenged. Individualized assessment and plan of care, supervised group and individual activities, nutritional snack, hot lunch, limited showers and transportation services, along with assistance with mobility, eating, toileting and hygiene. Limited number of subsidized participation fee slots are available for qualifying seniors.

Monday through Friday 8:45am – 4:45pm

NIAGARA COUNTY PROGRAMS

CHILDREN'S MENTAL HEALTH CLINIC

620 Tronolone Place, Niagara Falls

P: (716) 205-0825

Monday through Thursday 8:00am – 8:00pm | Friday 8:00am – 4:45pm

CHILDREN'S MENTAL HEALTH CLINIC

1465 Payne Avenue, North Tonawanda

P: (716) 694-7749

Monday through Thursday 8:00am – 8:00pm

CHILDREN'S MENTAL HEALTH CLINIC

300 Bewley Building, Lockport

P: (716) 478-0315

Monday through Thursday 8:00am – 8:00pm



CHILD & ADOLESCENT TREATMENT SERVICES

Strengthening the Mental Health of Children

CATS

Child & Adolescent Treatment Services is a non-profit children's mental health agency that provides innovative, research-based preventive and treatment programs that strengthen the emotional health and safety of children in their homes, schools and our community. The children we help range from 3-21. Our programs make it possible for children to recover, regain hope and become healthy, safe, and thriving adults.

For over 75 years, the programs and services provided by Child & Adolescent Treatment Services have been wholly dedicated to the mental health and emotional needs of children and adolescents. We utilize our extensive experience and research-proven methods to ensure the best possible outcomes for every child who needs our help. The prevention and therapeutic programs that we provide are designed to: Promote mental and emotional health; Teach children the skills to manage their emotions; Improve family communication; Encourage healthy self esteem; Teach valuable life skills; and Educate and support healthy alternatives to violence.

CATS SERVICES OFFERED

Child & Adolescent Treatment Services (CATS) clinic treatment program provides mental health outpatient services to children and youth between the ages of 3 to 21 and their families. CATS clinic treatment program provides effective, culturally relevant services that decrease symptoms, promote effective and family communication, teach healthy feeling management skills, and promote academic achievement. Services include: comprehensive assessment; individual, family, and group treatment; specialized treatment for sexual victimization; teen suicide prevention treatment; psychiatric consultation; medication prescription and monitoring; and psychological consultation.

CATS delivers the following evidence based programs: Dialectical Behavior Therapy for Adolescents (DBT), Functional Family Therapy (FFT), and Parent Child Interaction Therapy (PCIT). DBT serves adolescents ages 13 to 21 who struggle with suicidal and or self harming thoughts and or behavior. FFT is a family focused treatment for youth ages 12 to 17 who are involved with the Juvenile Justice System. FFT is effective in preventing out of home placements for youth as well as further involvement in the Juvenile Justice System. PCIT treats young children ages 3 to 7 with disruptive behavior and their parents. Parents are taught skills for strengthening the parent-child relationship, while increasing their child's positive behaviors and decreasing negative behaviors.

SUMMARY OF THE KINDS OF PROVIDERS AVAILABLE

CATS clinic treatment staff include child board certified psychiatrists, licensed psychologist, licensed social workers, and licensed mental health counselors. CATS clinic has a bilingual Spanish/English office which has bilingual clinicians, support staff, and family advocate.

PRIMARY CONTACT PERSON(S) FOR PCP OFFICES

Rebecca Steffen, LCSW-R; (716) 819-3420 ext. 138

INTAKE PROGRAM

301 Cayuga Rd. Suite 200
Cheektowaga, NY 14225

P: (716) 819-3420
ext. 138

F: (716) 819-3431

Monday, Tuesday, Friday 8:00am – 4:00pm
Wednesday 8:00am – 5:00pm | Thursday 8:00am – 7:00pm

UNIVERSITY BRANCH, DIALECTICAL BEHAVIOR THERAPY, AND FUNCTIONAL FAMILY THERAPY PROGRAMS

3350 Main St., Buffalo, NY 14214

P: (716) 835-4011

F: (716) 835-0253

Monday through Thursday 8:00am – 8:00pm | Friday 8:00am – 4:00pm

BUFFALO WEST BRANCH AND PARENT-CHILD INTERACTION THERAPY PROGRAM

430 Niagara Street, Buffalo, NY 14201

P: (716) 853-1335

F: (716) 853-1598

*Bilingual Staff

Monday through Thursday 8:00am – 8:00pm

BUFFALO EAST BRANCH AND PARENT-CHILD INTERACTION THERAPY PROGRAM

1487 Main St., Buffalo, NY 14209

P: (716) 881-2405

F: (716) 881-2425

Monday through Thursday 8:00am – 8:00pm

SOUTHTOWNS BRANCH

46 Main St., Hamburg, NY 14075

P: (716) 646-4991

F: (716) 646-4990

Monday, Wednesday, Thursday 8:00am – 8:00pm | Tuesday 8:00am – 5:00pm

LEE GROSS ANTHONE CHILD ADVOCACY CENTER

556 Franklin St., Buffalo, NY 14202

P: (716) 886-5437

F: (716) 886-5888

Monday through Wednesday 8:00am – 4:30pm | Thursday 8:00am – 8:00pm
Evening hours as arranged by therapists

AMHERST PEDIATRICS

25 Hopkins Road, Williamsville, NY 14221

P: (716) 632-8050

Monday 8:00am – 8:00pm | Wednesday & Thursday 3:00pm – 8:00pm

SPRINGVILLE PEDIATRICS

25 E. Main Street, Springville, NY 14141

P: (716) 592-2832

Alternating Tuesdays 8:00am – 3:00pm & 12:00pm – 8:00pm
Saturday 8:00am – 12:00pm

CLARENCE COLLABORATION AT CLARENCE MIDDLE SCHOOL

10150 Greiner Road, Clarence, NY 14031

P: (716) 407-9210

Tuesday 8:00am – 1:00pm

CLARENCE COLLABORATION AT CLARENCE HIGH SCHOOL

9625 Main Street, Clarence, NY 14031

P: (716) 407-9105

Friday 8:00am – 1:00pm

SWEET HOME FAMILY SUPPORT

1901 Sweet Home Road, Amherst, NY 14228

P: (716) 250-1229

Tuesday 8:00am – 8:00pm

**CATS ASSISTANCE CENTER OF TONAWANDA
MIDDLE SCHOOL SATELLITE**

600 Fletcher Road, Tonawanda, NY 14150

P: (716) 694-7660

F: (716) 743-8839

Wednesday 8:00am – 1:00pm | Thursday 8:00am – 7:00pm



BRYLIN BEHAVIORAL HEALTH SYSTEM

HEALING • WELLNESS • RECOVERY

Mental illness and substance abuse can affect people from all walks of life, regardless of age, race, religion, political party or income. They can impact your relationships with family and friends, cause problems at work, and affect the way you feel about yourself and the others around you. However, with appropriate treatment, most people who struggle with these afflictions can lead full, rich, and meaningful lives.

For 60 years, BryLin has been a trusted name in the Western New York community, providing compassionate mental health treatment and substance abuse care for individuals of all ages. Our individualized care promotes healing, wellness and recovery while respecting the dignity of our patients, their families, and others.

Inpatient mental health care is provided in Buffalo at BryLin Hospital, a short-term, crisis care psychiatric hospital for children, adolescents, and adults who may be struggling with depression, bipolar disorder, anxiety, schizophrenia, post traumatic stress disorder (PTSD), having thoughts of suicide, or some other mental illness.

BryLin Behavioral Health System provides a comprehensive continuum of mental health care and outpatient substance abuse care. Within this System, BryLin has three unique behavioral health care locations:

BRYLIN HOSPITAL

1263 Delaware Avenue
Buffalo, NY 14209

P: (716) 886-8200

F: (716) 886-1986

Inpatient Mental Health Care for Children, Adolescents, & Adults

CHS Hospital ER's can now make direct referrals with one call needing only one Physician Certificate (PC) for involuntary patients. BryLin offers short-term inpatient psychiatric hospitalization for children, adolescents, and adults who are in crisis and suffering from, but not limited to: depression, anxiety, bipolar disorder, schizophrenia, or having thoughts of suicide. Call to speak with a psychiatric registered nurse to be screened for admission. No physician referral is needed. Medicare and most insurance plans are accepted. Some Medicaid restrictions may apply.

For more information visit www.brylin.com

Open 24 hours a day | 365 days a year

BRYLIN OUTPATIENT MENTAL HEALTH CLINIC FOR ADULTS

531 Farber Lakes Drive, Suite 201,
Williamsville, NY 14221

P: (716) 632-5450

F: (716) 634-1098

Comprehensive mental health care for adults struggling with mental health concerns. Psychiatric evaluation, individual and group therapy, medication management, and crisis stabilization provided. Therapies include: Anxiety, Depression and Stress Management; Trauma; Dialectical Behavior Therapy (DBT); Cognitive Behavioral Therapy (CBT); Eye Movement Desensitization and Reprocessing (EMDR), and more. Medicaid, Medicare, and most insurance plans are accepted. A sliding scale fee is available for those with no insurance.

For more information visit www.brylin.com

Monday through Friday 8:00am – 8:00pm | Friday 8:00am – 5:00pm

BRYLIN OUTPATIENT SUBSTANCE ABUSE CLINIC FOR ADOLESCENTS & ADULTS

531 Farber Lakes Drive, Suite 201,
Williamsville, NY 14221

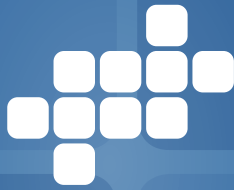
P: (716) 633-1927

F: (716) 633-6376

Specialized programming groups include: Adolescent; Young Adult (18-25); Women's & Men's Groups; Suboxone Education; Meditation & Relaxation in Recovery; Co-Occurring Disorders; Communication in Recovery; and Professional Groups. FREE weekly family groups, every Monday from 6-7pm, are designed to be educational and supportive for those who have a loved one dealing with addiction. Medicaid, Medicare and most insurance plans are accepted.

For more information visit www.brylin.com

Monday through Friday 9:00am – 8:00pm | Friday 8:00am – 5:00pm



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