



Registered Dietitians

Coverage varies, so it is best to have the patient check with their insurance company for their individual providers.

RD Name	Contact Information	Specialty
Erin Burch, MS, RDN, CDN	Erin Burch Nutrition Email: Erin@erinburchnutrition.com Phone: (716) 498-5863 ErinBurchNutrition.com	
Sarah Thompson DiPaolo MS, RD, CDN, CDE Wendy Scime, RD, CDN	WNY Nutrition (3 Locations) • 626 Frankhauser Rd., Williamsville • 4721 Transit Rd., Suite B., Depew • 12835 Whitney Rd, Holland Email: info@wnynutrition.com Phone: (716) 474-9645 WNYNutrition.com	Diabetes
Sheila Flavin MS, RD, CDN	2430 N. Forest Rd., Suite 140, Williamsville Email: Sheila.Flavin@gmail.com Phone: (716) 472-2955 SheilaFlavinRD.com	Eating Disorders Weight Management
Lindsay Gillon, RD, CDN, WNY	Lifestyle Nutrition WNY (3 Locations) • 7350 Porter Rd., Niagara Falls • 273 Division St., North Tonawanda • 30 North Union Rd., Suite 101, Williamsville Email: Lindsay@lifestylenutritionwny.com Phone: (716) 222-0297 LifeStyleNutritionWNY.com	Diabetes Pre-Diabetes Weight Management Pregnancy Nutrition General Nutrition
Natalie Greco RD, CDN, CDE	Nutrition by Natalie, LLC 600 Harlem Rd., West Seneca Email: Nutritionbynatalie@hipaamail.net Phone: (716) 572-4909	Diabetes Pre-Diabetes GI Disorders Heart Healthy Weight Management
Emily Laurin, MS, RD, CDN	Southgate Medical Group 1026 Union Rd., West Seneca Email: Emily.Laurin@eatlivenutrition.org Phone: (716) 712-0851 EatLiveNutrition.org	Diabetes Pre-Diabetes Weight Management Pregnancy Nutrition General Nutrition
Allyson Odachowski RD, CDN	Custom Dietetics 8665 Sheridan Dr., Suite 4, Williamsville Email: Allyson@allysonrd.com Phone: (716) 626-7415 CustomDietetics.com	Food Allergies Weight Management
Mary Jo Parker MS, RD	8160 Wehrle Dr., Williamsville Email: mary_jo_parker@juno.com Phone: (716) 634-0906	Eating Disorders Weight Management

continued



Candi Possinger, MS, RD, CDN, CDE Lynda Hart, MS, RD, CDN, CDE	Personalized Health Nutrition (4 Locations) • 1416 Sweet Home Rd., Suite 11, Amherst • 3950 Robinson Rd., West Amherst • 1150 Youngs Rd., Suite 104, Williamsville • 3675 Southwestern Blvd., Orchard Park Email: candi@phnutritiondiabetes.com Email: lynda@phnutritiondiabetes.com Phone: (716) 710-7022 PHNutritionDiabetes.com	Diabetes Pre-Diabetes
Amy Smalter, RDN, CDN, CDE	Balanced Nutrition of WNY, PLLC 350 Alberta Dr., Suite 109, Amherst Phone: (716) 837-1145	Diabetes Pre-Diabetes Heart Healthy Weight Management
Tricia Minotti Sauer, RD, CDN	Buffalo Nutrition and Dietetics (Office and web-based counseling available) 1207 Delaware Ave., Suite 114, Buffalo Phone: 704-0684 rdclick.net	Diabetes Sports Nutrition
Maria Weber MS, RD	Active Nutrition 2238 Old Union Rd., Cheektowaga Email: office@activenutritionist.com Phone: (716) 913-3794 ActiveNutritionist.com	
Dina Worley, RD, CDN, CDE	Dina Worley Nutrition Email: dinaworleyrd@gmail.com Phone: (716) 510-3447	Diabetes Pre-Diabetes General Nutrition Weight Management
Melinda Yoder RD, CDN	Balanced Nutrition 350 Alberta Drive, Suite 109, Amherst Email: melinda@balancednutritionwny.com Phone: (716) 837-1145 BalancedNutrition.publishpath.com	Sports Nutrition Weight Management
Catholic Health Network Registered Dieticians		
RD Name	Contact Information	Specialty
Anna Engelhaupt MS, RD, CDN	Kenmore Mercy Hospital 2950 Elmwood Ave., Kenmore Phone: (716) 447-6539	Diabetes Weight Management
	Sisters of Charity Hospital 2157 Main St., Buffalo Phone: (716) 862-1035	Diabetes Weight Management
Deborah Richter RD, CDE, CDN	Sisters of Charity Hospital, St. Joseph Campus 2605 Harlem Rd., Cheektowaga Phone: (716) 891-2676	Diabetes Heart Disease
Ann Marie Smokowski RD, CDE	Mercy OB/GYN Center 515 Abbott Rd., Suite 302 Phone: (716) 825-3520	Diabetes Women Services
	Mount St. Mary's Hospital 5300 Military Rd., Lewiston Phone: (716) 298-2297	Diabetes
	Bertrand Chaffee Hospital-Diabetes Education 222-224 East Main St., Springville Phone: (716) 592-2871 ext. 1489	Diabetes

