

Patient Visit Worksheet

BEFORE YOUR VISIT:

Write Down your Questions and concerns and prioritize them.

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

Bring a list of all medical information (medications, vitamins, insurance information, other MDs you have seen)

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

During the visit, review with your doctor: Go over your list of questions and concerns, asking your most important questions first. Update your doctor with any changes in your medical history, such as Emergency Room visits, specialty visits, or changes in medications and their effects. Also bring up any recent changes you may have noticed, such as a change in appetite, sleeping patterns, weight, and/or energy levels.

Answer all your doctor's questions.

ASK QUESTIONS and TAKE NOTES: Be sure to understand any diagnosis or changes in your treatment plan before you leave. Ask questions about any new medications prescribed, such as can you take it with other medications? What are the side effects? Is there a generic version available? Ask about your treatment and condition. How long different treatments take? What treatments are covered by my health insurance? In what ways can I ease my symptoms?

After Your appointment, what is or should be scheduled?

Type of appointment	With Whom? /Where?	When scheduled?	Purpose
Specialist			
Lab			
Xray			
Prescriptions Name of drug(s), (is generic available?)		Purpose //Directions//Interactions//how long to take	

Recommendations from MD re: treatment, preventive care and wellness lifestyle changes) _____

Next appointment scheduled with PCP: Date _____ Time _____

Monitor your symptoms. If you have any worsening symptoms or problems with your medication, be sure to contact your doctor office.

Follow up about test results. If you had tests and did not hear back from your doctor office, call for the results.